Two Person Fighting Set Section 2 Details

- 23. Black: **Step Forward to Pluck and Rend** right arm envelops White's neck and circles to side, not to rear
- 24. Fair Lady Weaves With Shuttle One (White: step left foot to change angle away from Black's free hand. Pluck Black's right wrist with your right hand.)
- 25. Fair Lady Weaves with Shuttle Two (Black: turn body to right to evade White's strike. Circle left arm to block White's striking arm upward while yin coiling your right hand out of his pluck. Step right foot then left to change angle away from White's free hand. Strike with right hand.)
- 26. White Crane Spreads Its Wings (White: Right arm coils up, left arm coils down, and kick with right foot)
- 27. Left Shoulder-Stroke (Black: Seal White's right elbow down and block his kick out with right arm. Slide your left upper arm up White's right upper arm and deliver shoulder stroke. In a real fight, you would continue to lift White's kick to flip him over.)
- 28. Roll Back the Shoulder (White: Bring your left arm up to block Black's left arm and lock it against your chest. Bend forward and press your right shoulder into Black's left shoulder. Coil your right arm in between your bodies and position it on Black's left elbow.)
- 29. Turn the Body to Rend the Shoulder (White: After you force Black's center forward, step your right foot behind him to do large roll back #1 through his back open door.)
- 30. Turn the Body to Rollback (Black: neutralize, ward off and Large Roll Back # 1 through White's front open door.)
- 31. Two Winds Pass Through the Ears (White: neutralize by dropping elbow, ward off upward and split Black's arms. Shift weight forward and box ears.)
- 32. Double Push (Black: during sit back, stick and coil on top of White's elbows and seal them down. Then shift forward and slide hands up to White's shoulders and push with your right hand and twist with your left to unbalance white.)
- 33. Single Whip (White: separate Black's arms. Your left arm Pengs out and pluck's White's right hand and you strike Black's solar plexus with your right palm.)
- 34. Right Push (Black: Sit back Turn waist to right and using your left hand on White's right elbow, redirect his strike to your right.)
- 35. File the Shoulder (White: Bring your right hand to Black's right elbow. Your left hand is still sticking to Black's right wrist. Split his elbow.)
- 36. Follow the Posture and Push (Black: Coil your right hand over White's left wrist and push his hand down at the same time use your left hand to push White's left elbow away.)
- 37. Neutralize and Strike with Right Palm (White: Sit back, turn your waist to your right, circle your right arm around to the right and push Black's chest again.)
- 38. Neutralize and Push (Black: Sit back. Redirect White's push downward with your left hand. Step your left leg behind White's right leg and slide your left arm up to the left side of his neck. Looks like diagonal flying left.)

- 39. Neutralize and Strike with Right Elbow (White: Sit back. Intercept and redirect Black's left arm up and to your right with your right arm. Your left hand pengs Black's right wrist outward. The pose looks like White Crane Spreads Wings. Then bring your right arm down and in. Strike Black's chest with your right elbow as you pluck his right wrist.)
- 40. Pluck and Rend (Black: Coil your right wrist out of White's pluck. Bring your left hand down to White's right elbow and push it to your right to deflect his strike. Step your right leg behind White's left leg and rend his neck with your right arm.)
- 41. Exchange Steps and Rollback (White: Before Black's rend locks your chin, deflect his arm upward and to your right with Fair Lady. Turn your body to the right, step your right foot back and roll back Black's right arm.)
- 42. Step Forward and Press (Black: Follow and press with your right arm.)
- 43. Exchange Steps and Rollback (White: Roll back Black's left arm again.)
- 44. Strike the Tiger Right (Black: Circle your left arm under to smear White's left elbow to your left. Step you right leg behind White's right leg. Strike Tiger with your right fist to back of White's head.)