

Martial Morality and Etiquette

Qi Elements Taijiquan students are expected to adhere to the traditional moral principles and etiquette of Chinese Martial arts including:

- Memorization and embodiment of Martial Morality
- Adherence to protocols for working with a martial training partner
- Commitment to maintain a daily training regime of classroom and home training.
- Commitment to regular class attendance

Martial morality has always been a required discipline in Chinese martial arts society. Teachers have long considered martial morality to be the most important criterion for judging students. It is the most important part of the training in the traditional Chinese martial arts. It includes two aspects: the morality of deed and the morality of mind.

Morality of deed includes: Humility, Respect, Righteousness, Trust, and Loyalty.

Morality of mind consists of: Will, Endurance, Perseverance, Patience, and Courage.

See the article by Dr. Yang, Jwing Ming, <http://ymaa.com/articles/martial-arts/morality>

Traditional Chinese Titles for Teachers and Students

Use of the traditional Chinese martial arts titles is a sign of respect for teachers and the time they have spent promoting the art and their students.

All Black Sash teachers, male and female, should be called Shi Fu (pronounced Sher fu).

At Qi Elements, the teacher can be called Shi Fu and their first name, as in Shi Fu Marc, Shi Fu Rich, and Shi Fu Katya. In China it would be proper to call the teacher by his last name and Shi Fu. Lao Shi is also used for teacher in Northern China.

Your teacher's teacher should be called Da Shi Fu, as in Da Shi Fu Roger.

Your teacher's teacher's teacher should be called Shi Gong, as in Yang, Shi Gong.

Other traditional forms of address are:

For a male student senior in rank to you: Shi-Xiong.

For a female student senior in rank to you: Shi Jie.

For a male student junior in rank to you: Shi Di.

For a female student junior in rank to you: Shi Mei.

Martial Etiquette

Our salute or greeting is to step back to left Xu Bu, form the right fist and cover it with the left open hand.

Salute the shrine of the school upon entering and leaving the school.

Greet the Shi Fu at the start of class.

Salute your teacher and training partners at the start and end of each exercise.

Respect your teachers. They volunteer their time and energy to help you learn the art.

Support your school. Help with keeping the premises and equipment clean and neat. Master Yang and his classmates helped their White Crane master with his farm, planting, harvesting, and caring for the livestock. Fortunately for all of us, Qi Elements has no livestock.